

The Power of Meditation

“THE WORD takes the place of the unseen Christ. Meditation in THE WORD is a visit with Him. THE WORD becomes a part of one by meditation. THE WORD living in us gets into our blood”¹ - it becomes a LIFESTYLE.

One of my favorite scripture verse is Joshua 1:8 — *This book of the law shall not depart out of your mouth; but you shalt meditate therein day and night, that you may observe to do according to all that is written therein: for then you shalt make your way prosperous, and then you shalt have good success.*

Notice please, “. . . meditate therein day and night, that you may observe to do. . .” You could add the word 'so' in the center, as in, “so that you may observe to do...”

Meditation causes you to “SEE” *into* the scriptures. The Revealer of Truth, the Holy Spirit, opens your eyes to SEE into what is being said. This is where the power of meditation comes in. Meditation allows that WORD to be seen on the screen of your mind. The more meditation one does, the clearer the picture becomes. This is where the Holy Spirit applies the brush strokes of the picture on the canvas of your mind so that you will be able to see how or what to do. It enables you to follow through in agreement to Truth, thereby causing you a prosperous and successful life.

To SEE is not just with the physical eye, but with the mind. 2 Corinthians 4:3 & 4 states: *But if our gospel be hid, it is hid to them that are lost: In whom the god of this world hath blinded the minds of them which believe not, lest the light of the glorious gospel of Christ, who is the image of God, should shine unto them.*

The “god of this world” is Satan - the devil. Notice that it is he, the devil, who has blinded the minds of those that believe not. Blinded the minds... not blinded eyes. You physically see with the eye gate, but the object of your sight is painted (written) on the canvas (screen) of your mind. Hearing, likewise, paints pictures.

If I said “Apple”, you would not think of the spelling A-P-P-L-E; you would think of some kind of apple. It might be a green apple, or a red apple. If I add another adjective, for instance, red apple, then those of you who had a picture of a green apple would immediately change the image to a red one. Then as I add more descriptive words like “a red apple with a worm inside” then that which I have in my mind is being transferred - made clearer- to yours. I am transferring what I’m thinking about over to you, and that thought becomes clearer to you as I continue to speak describing the image I have in my mind. The more I speak, the more you hear and the clearer the image in your mind becomes.

That's what meditation does. The Holy Spirit takes the scripture under study and clears up the image more and more so that you can not only "see" it, but understand how it applies to you personally, so that you can DO that scripture. James informs us to be DOers of the Word and not just HEARers only (James 1:22).

Jesus points to this principle in Matthew 5:27 - 30. . .

²⁷ Ye have heard that it was said by them of old time, Thou shalt not commit adultery: ²⁸ But I say unto you, That whosoever looketh on a woman to lust after her hath committed adultery with her already in his heart. ²⁹ And if thy right eye offend thee, pluck it out, and cast *it* from thee: for it is profitable for thee that one of thy members should perish, and not *that* thy whole body should be cast into hell. ³⁰ And if thy right hand offend thee, cut it off, and cast *it* from thee: for it is profitable for thee that one of thy members should perish, and not *that* thy whole body should be cast into hell.

In verse 29, it mentions the eye; in verse 30, the hand. Together, this is mentioning "observation" and "doing". What the eye sees, the hand does. *Observe to do.*

Again in Matthew 7:24 through 27, Jesus is again speaking of this principle:

²⁴ Therefore whosoever heareth these sayings of mine, and doeth them, I will liken him unto a wise man, which built his house upon a rock: ²⁵ And the rain descended, and the floods came, and the winds blew, and beat upon that house; and it fell not: for it was founded upon a rock. ²⁶ And every one that heareth these sayings of mine, and doeth them not, shall be likened unto a foolish man, which built his house upon the sand: ²⁷ And the rain descended, and the floods came, and the winds blew, and beat upon that house; and it fell: and great was the fall of it.

Whoever HEARS and DOES the sayings of Jesus (Word), he it is that is built upon a solid foundation and will be able to withstand the storm. He that HEARS and DOES NOT the sayings of Jesus... no foundation and house collapses - doesn't stand up to the storm.

Faith is NOW... Hebrews 11:1. Faith comes by HEARING... Romans 10:17. Both of these are in the present tense. Does not say Faith is tomorrow; nor does it say Faith comes by having heard. FAITH IS NOW. FAITH COMES BY HEARING.

It is God's Word that provides Faith—Faith COMES by hearing and (the) hearing comes by THE WORD of God. Faith in God and in His Word comes by the avenue of hearing it over and over and over again. Keep it going over and over in your mind, through your lips. Keep painting that Word through your mind's eye and allow it to build you up and give to you an inheritance (Acts 20:32).

It is God's Word that provides Faith and it comes by hearing and The Hearing comes from hearing God's Word. In order to keep Faith alive, or present, in you, you must be in a constant (continual, consistent) state of HEARING.

You have need of finances — get your mind, your focus upon the Word concerning finances. Keep that Word present in your hearing. Don't let distractions divert that Word - that promise - from you. Don't let it depart from your mouth — keep saying it; you declare the decree (Psalm 2:7) concerning your finances. Keep that Word - that Promise - in your mind and your mouth by constantly meditating on the ANSWER - God's provision for the desire. God has ALREADY provided the answer to whatever you have need of. His promise is 'YES' and 'AMEN'.

Whatever the need - finances, healing, promotion, a house, car - whatever it is that you are desiring; find the promise (the provision, the seed) for that desire and hold fast to your confession of it (the answer) and that seed will grow and produce the results desired. You plant it by saying it, and you keep it watered by continually saying it - holding fast to your confession, refusing to take your eyes (mind-set) off of the prize - the desire, the end of your faith.

God Who cannot lie gives you the answer. You take it. You Keep saying it. God will ensure that it comes to pass as He is ever watching over His Word and will make sure it comes to pass in whoever finds it, receives it, and keeps it. He has even assigned Angels to hearken to His Word (Psalm 103:20).

So Faith IS NOW (present tense), and HEARING is present tense, thus it is up to you and you alone to keep the NOW and HEARING going. YOU HEAR, YOU HAVE (Faith). If YOU HAVE, then you WILL make your way prosperous and your life a success.

You do this by making MEDITATION of God's Word a lifestyle not just as a "bail-me-out of jail card." You take it and go on the offensive. Take back what the devil has stolen from you due to your lack of knowledge of your rights as a child of God. You are much more capable of being in authority of your life than you are presently experiencing. YOU take back your freedom, your redemption, as the greater One is IN you than he that is in this world trying to hold you back.

Start speaking God's Word in every area of your life. 1 Corinthians 1:10 says for us to speak the same thing... what thing? The Word of God. You can and must do it. Fill up with the WORD OF GOD and speak it with boldness; speak it with assurance; speak it knowing that it is written, therefore it IS (present tense)!

I like what Diana Robinson once said — *"Prayer is when you talk to God; Meditation is when you listen to God."*

Talk to Father; and then Listen to Him as He reveals His Truth through the Power of Meditation.